



Kern County Breastfeeding Coalition Resource Directory

Ask your health plan about lactation support services including breast pumps, which may be a covered benefit
<https://www.healthcare.gov/coverage/breast-feeding-benefits>

Community Breastfeeding Support

Baby Café Bakersfield

(661) 747-5195
www.facebook.com/babycafebakersfield

Kern County La Leche League

Bakersfield Area: (661) 438-1518
Delano: (661) 446-4532
Tehachapi: (661) 238-3151
Ridgecrest (East Kern): (760) 371-6121

Mercy Southwest Mom to Mom Group

(661) 663-6056

Taft Liquid Gold Breastfeeding Group

Autumn: (559) 310-4451
Katherine: (661) 599-5587
Joy: joyreynolds@gmail.com
<https://www.facebook.com/taftliquidgold>

WarmLine

(661) 323-3531
Toll Free: (888) 955-9099
www.e-warmline.org
warmline@earthlink.net

Kaiser Permanente

For Members Only
(877) 524-7373

Community Action Partnership of Kern-WIC

For Participants Only
(661) 327-3074; East Kern (760) 375-1435

Clinica Sierra Vista-WIC

For Participants Only
(661) 862-5422

Arvin Breastfeeding Support Group

Coming Soon!!!

Lily Lactation (Kern Family Health Provider)

(661) 717-0878
lilylactation.com

Prenatal Classes

Baby Cafe

\$60 For each Series
babycafebakersfield.org/prenataleducation/
See Resource Calendar for Details

Mercy Southwest

Classes Range from \$25 to \$65
<https://www.dignityhealth.org/central-california/locations/mercy-bakersfield/classes-and-events/birth-and-parenting-classes>

Green Birth

Bradley Childbirth Classes
12 Weeks/ \$
(661) 805-1699
greenbirthdoul@yahoo.com
greenbirth.org

Breast Pump Rentals

Mercy Southwest Hospital

(661) 663-6056

Babies R Us

(661) 587-0423

Private Lactation Consultants (IBCLCs)

Adrienne Guirguis

Kern County
(661) 809-6089

Erin Wells

Kern County
(661) 717-0878
lilylactation.com

Justine

Backhaus

Kern County
(661) 821-0659
mamaforhumankind@aol.com

Justina Engen

Tehachapi Area Only
(661) 238-3066
growinglovingfamilies@gmail.com

Christine Staricka

Bakersfield
Area Only
(661) 747-5195

Hospital Breastfeeding Support

Bakersfield Memorial
Hospital
(661) 327-4647

Delano Regional
Medical Center
(661) 721-5368

Kern
Medical

Adventist Health
Bakersfield (SJCH)
(661) 869-6438

Ridgecrest Regional
Hospital
(760) 499-3032

Mercy Southwest
Lactation Center
(611) 661-6056

Websites

Breastfeeding for Working Mothers

www.workandpump.com

California WIC Program

www.wicworks.ca.gov

Medications and Breastfeeding

www.infantrisk.com
<https://toxnet.nlm.nih.gov/newtoxnet/lactmed>

California Advanced Lactation Institute

www.californiaadvancedlactationinstitute.com
www.lillecheleagueofbakersfield.org/
<https://www.facebook.com/LLL.Bakersfield/>

La Leche League

www.llli.org
<https://www.la lecheleagueofbakersfield.org/>
<https://www.facebook.com/LLL.Bakersfield/>

Stanford Medical Center

newborns.stanford.edu/breastfeeding

Mother's Milk Bank

www.mothersmilk.org

Office on Women's Health

www.womenshealth.gov/breastfeeding

Text 4 Baby

<https://www.text4baby.org>

KCBC Website: <http://kernbreastfeeding.wix.com/kcbc>

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